

Untouched nature: The Lago di Liscina and the Olivastrì Millenari impress in Sardinia

Sardinia, which first of all awakens the pictures in the head of azure blue water, picturesque bathing bays and lots of sun. And all this is abundant also in Sardinia. Sardinia retains other treasures. Two of these treasures can be found inland: this is on the one hand the Lago di Liscina and these are the oldest olive trees, Olivastrì Millenari. Of course, there are many olive trees in Sardinia and all over Italy. But the oldest trees are really just impressive. If you are travelling in Sardinia in autumn, you can even get the best view, because in October/November is the olive season.

Lake Liscina and Olivastrì Millenari are located inland in the heart of Gallura. This region offers so many highlights, but not only the Nuraghen and the small villages are worth seeing. Near the village of Lura, the Lago di Liscina winds through the Macha. The way there is already a wonderful journey through serpentine roads and incomprehensible and almost endless expanses, varied with forests or barren land, interrupted time and again by imposing granite rocks.

The Lago is an artificial lake built in the 60s with a dam to supply water to the hinterland and the municipalities of Sant'Antonio di Gallura, Luras, Arzachena and Luogosanto. One stands in the middle of untouched nature, overlooks the sandy shore and small islets. The region is ideal for hiking. Another reason to start in autumn or spring, as it is often too hot for hiking in summer. The mountain lake is a perfect starting point for many activities. Even if it doesn't seem like that at first glance, here are a few hotels, restaurants and agriturisms waiting for Sardinian connoisseurs and all those who still want to become it. They offer good local cuisine and regional products for home like the olives and olive oil, pecorino sheep cheese and many more palate delights from the Gallura. The offer is complemented with wonderful vino, also here there is along the route through the Gallura various wineries to visit and enjoy. And don't forget to end up with a Mirto to decide the culinary journey. After a hiking day, we all deserved it. Around the lake you can discover not only enchanting cork oak forests and truly untouched nature, let the view wander infinitely and follow the thought, but also see the special olive trees.

The Olivastrì Millenari are home to 4.000-year-old olives

Just above the lake on the highway a narrow gravel road branches off and leads us to the Olivastrì Millenari. For 2 euros you can admire the oldest olive trees here. According to experts, the oldest specimen has 4,000 years on the hump. So here many people from many eras have already enjoyed the shadow. The entrance is used for preservation and is really well spent money. A plus for this place is definitely also: here the tourist buses do not get lost and overall it is not crowded. Already at the entrance a young man of the cooperative takes a little time to tell about this area and the olive trees. I can only recommend not running fast but also taking the time to do so. The passage through the terrain then takes place alone. You walk through a wooden gate in a stone wall and the view of the most monumental natural miracle opens: the absolutely oldest olive tree. I have to say that when I stood in front of this tree and also its family members of the old olive trees, I was more than just impressed. So great, so branched, so crispy and yet still so much life in him. How many storms, rain, sun and also human disasters this tree has already experienced and stands before me in all its splendour, as if nothing could shake it. It radiates calm and a lot of energy and strength. It's not all incredible. It makes me awesome.

4,000 years ago the people of Sardinia lived in the Nuraghen

4,000 years ago was the Bronze Age. Especially fieldwork and simple life prevailed here. Mining was also carried out intensively. The way and the work were done only with the feet or with the help of horses. Life was hard. At that time the settlement was carried out by the Nuraghen, whose remains can be seen throughout Sardinia. The barbarians followed in the Middle Ages up to the birth of a kingdom of Sardinia. Since then, there have been many developments, conflicts, wars or even technical successions. All this has survived this olive tree.

Crunchy branches and powerful veins united in one tree

A path leads around the special specimen, because the oldest olive has earned its rest, you can not directly under the tree, but your friends can be surprised from nearby. The further path leads directly into the trees, into the shade. Here you can admire and study the age, the bark, the branched, scarred branches, the dead as well as the lifelike, powerful veins of very near. Then I hugged one of them and felt all the power of his bark. I'm really just a little light here. Time just stops here. I find these places as one of the many special natural spots of Sardinia.

Those who have brought enough of the aura of olive trees and their picnic can take a break directly opposite in a park with many tables and benches, shade and also plenty of views of the lake. There is also a free toilet. When the sun is pleasant, the viewing platform with the benches invites you to wander over the lake and enjoy the tranquility and untouched nature. If it is too hot, you simply give up under the shaded trees, under which many picnic tables stand. If you forget the time here, it's so beautiful and so quiet here.

For whom is the visit suitable?

The area of the Olivastri Millenari is not large. Even though there is a lot of land around to visit are three of the monumental trees. But I don't think it's about the number. So if you have a real interest in millennia-old olive trees, their impressive size and bark, nature and the original Sardinia and you like to travel far away from the crowds, you are right here. With the lake and the panoramic terrace the excursion can also be well connected or alternatively with a visit to Luras, on the way to Tempio Pausiana or Luogosanto.

Journey:

The Lago di Liscia is very well signposted, coming from Palau it goes via the SS 133, from Arzachena SS 427 and from Olbia SP 38 respectively towards Tempio Pausiana. The Olivastri Millenari are signposted above the lake to the SP 137 and from then on also. At some point, a gravel path branches off on the left, but there is also a sign. A few meters after the gravel road you are already there. There is no proper parking, you simply park directly away and along the gravel path. There are no costs, only admission directly to the olive grove to the right of the way. To the left of the picnic area, where you can also find the toilet, you get through the gate directly next to the little church free of charge.

Further information:

Unfortunately, I have not found a website and the Instagramauftritt has no news from this year. The only further hint would be the Facebook profile, which is always linked:
<https://www.facebook.com/olivastrimillenariluras>.

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